

Te Maioha o Mamia

"Nurturing the wellbeing of young māmā and pregnant wāhine towards a bright future for tamariki, ngā mātua & whānau"



ABOUT US

Mamia is a kaupapa Māori child and maternal wellbeing model.

Mamia is a marae-based cultrally grounded kāinga 'home away from home' to nurture young women who are mums and or pregnant.

WHAT HAPPENS AT MAMIA?

Mamia is wāhine, marae and community led. We will evolve as we respond to the needs of wāhine, māmā, pēpi and whānau. At Mamia, we aim to create stability, to guide and empower through connection, trust and support.

Wāhine will find a place at Mamia to connect, talk and be listened to, a hot shower, kai, sleep, rest, learn, create, access information and support.



Contact us today!

Referral by whānau, friend, service or self.

Nau mai, haere mai.